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Canned tomatoes give pasta dishes and sauces added depth of flavour. Check out these tips and recipes from the "Red Gold from Europe" project.
(<https://www.finanznachrichten.de/nachrichten-2025-01/64256097-canned-tomatoes-give-pasta-dishes-and-sauces-added-depth-of-flavour-check-out-these-tips-and-recipes-from-the-red-gold-from-europe-project-008.htm>)



Let's start with an Italian classic made from canned whole peeled tomatoes: Sicilian-style Baked Mini Penne Pasta: with its rich, delicious flavour, this is real comfort food. Check out this essential recipe:

<https://redgoldfromeurope.eu/recipes/sicilian-style-baked-minipenne-pasta/>

Organic canned tomatoes are also ideal in slow-cooked sauces. A staple of traditional Italian cuisine, the **Bolognese ragù** is tasty and truly comforting. It is perfect as a tasty pasta sauce, for lasagna, or as a filling for a *piadina* or flatbread. It is made by slow-cooking minced meat (beef and/or pork) with onion, carrot, celery and organic tomato passata. Add some red wine and a little milk for a creamier consistency and cook for a few hours.

<https://redgoldfromeurope.eu/recipes/penne-with-bolognese-sauce/>

And canned tomatoes also feature in **aubergine parmigiana**, a delicious dish made with alternate layers of fried aubergine, organic tomato passata, mozzarella and Parmesan cheese, baked in the oven.

<https://redgoldfromeurope.eu/recipes/classic-aubergine-parmigiana/>

A list of classic recipes would not be complete without **meatballs** (or fish balls) cooked in a **rich tomato sauce** and served with a side of mashed potatoes. And the Italian way of mopping up these sauces with a *scarpetta* or chunk of crusty bread is the only way to finish!

Another quick and delicious dish: **pasta with tomato sauce**. Cook the pasta *al dente* and stir in a simple sauce made from canned whole peeled tomatoes, garlic, olive oil, fresh basil, and a sprinkling of grated Parmesan to finish. The **Red Gold from Europe** recipe suggests using ridged pasta tubes.

For more information about Red Gold from Europe and for more recipes, please visit our website <https://redgoldfromeurope.dk>

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